## Free help and advice

Our Citizens Advice adviser Linda can help with all aspects of advice. For example, Welfare Benefits advice - identifying eligibility, helping to make the claim for benefit and challenging negative decisions. She can look to see if you can claim free school meals, help with uniform or activity costs or if you having a problem with your bills, she can check what support is available to you.

Linda is able to do a home visits for people who may be unable to use the telephone / are housebound or vulnerable.

For free confidential advice, call 0191 3726758