



# Separated or divorced from your partner?

**Don't let your separation cause issues for your children**



'A practical and positive course for parents who are preparing for, going through or have gone through a separation or divorce. To support both you and your children.'

**Our FREE Parenting When Separated 6 week course gives you all the information you need.**

**The course runs for 6 weeks, and each session is for 2 hours.**

**We have groups running across County Durham both face to face and online from June 2024.**

**To Book a place or find out more information please text/whatsapp/call 07917 474856 or**