

Head Teacher: Mrs D Cross

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Dear Parent/Carer

7th January 2025

Re: Wake Up Wednesdays

We have signed up to a new initiative called Wake Up Wednesdays which is run by the National College. The National College issue a new information poster every Wednesday which we will then post on our Facebook page for you to access. The posts are issued at some point on a Wednesday and therefore we cannot guarantee a time but they will be on our Facebook page by close of play on Wednesday unless we are unable to access them ourselves.

The aim of Wake Up Wednesdays is to equip every trusted adult with the knowledge and skills they need to keep up with the latest information and heighten their awareness of issues around three core topics: Online Safety, Mental Health & Well-being and Climate Change and Sustainability.

This week's post is all about 'Supporting Children to Return to Routine'.

Previous posts have included: All About Snapchat; Safety over the festive period; Fortnite; Shared Well-being Apps for kids; Building Emotional Resilience and much more.

These posts are packed full of really useful information and quick updates for parents & carers and I am sure you will find them useful in trying to keep pace with the every changing landscape of social media.

Yours sincerely

Mrs D Cross

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